

## STARTERS

### BAKED CHEDDAR BROCCOLI SOUP

Melted cheese, croutons and garlic bread. 12<sup>99</sup>

### CALAMARI

Lightly battered and golden fried with lemon pepper, served with a side of homemade tzatziki and sweet chili dip. 17<sup>49</sup>

### COCONUT PRAWNS

10 Coconut crusted prawns served with sweet chili dip. 17<sup>99</sup>

### PUB STYLE WINGS

Large meaty breaded wings, your choice of Franks red hot, honey garlic, sweet thai chili, BBQ, lemon pepper or plain.

6 wings 13<sup>99</sup> 12 wings 19<sup>99</sup>

## SALADS

### STRAWBERRY SUMMER SALAD

Spinach, strawberries, candied nuts, crumbled goat cheese and roasted sweet beets, with a side of balsamic vinaigrette, served with garlic bread. 18<sup>99</sup>

### MEDITERRANEAN QUINOA SALAD

Cucumbers, tomatoes, peppers, onions, olives and feta cheese served with a light balsamic vinaigrette and served with pita bread. 18<sup>99</sup>

#### ADD ONS

- + Chicken or Prawn Souvlaki 4<sup>99</sup>
- + Grilled Chicken Breast 4<sup>99</sup>
- + Wild Salmon Fillet 5<sup>99</sup>

## SANDWICHES & WRAPS *Served with fries.*

### BLT CLASSIC

Smoky bacon, crisp lettuce and tomatoes on your choice of toasted bread. 13<sup>49</sup>

### SOURDOUGH PATTY MELT

½ Pound patty, melted swiss cheese and caramelized onions served between crisp grilled sourdough toast. 18<sup>99</sup>

### MONTE CRISTO

Real turkey, shaved ham and swiss cheese served on french toast slices. 21<sup>99</sup>

### PULLED PORK BAGUETTE

Hand pulled slow roasted pork, melted jalapeño jack cheese, chipotle mayo on a toasty baguette with a side of coleslaw. 21<sup>99</sup>

#### UPGRADE YOUR FRIES

- Sweet Potato Fries, Onion Rings,
- Poutine 3<sup>49</sup>

### SUPERBOWL NACHOS

Mozzarella and cheddar baked on chips with diced tomatoes, olives, onions and jalapeños, served with pico de gallo and sour cream.

Half Size 18<sup>99</sup> Full Size 22<sup>99</sup>

- + Guacamole 3<sup>99</sup>
- + Double Cheese 3<sup>99</sup>
- + Seasoned Ground Beef 4<sup>99</sup>
- + BBQ Pulled Pork 4<sup>99</sup>
- + Diced Chicken Breast 4<sup>99</sup>

### BREADED CHICKEN TENDERS

6 perfectly seasoned white meat chicken tenders with your choice of honey mustard, plum or BBQ sauce, sweet chili or ancho chipotle 17<sup>99</sup>

- + Fries 3<sup>99</sup>
- + Salad 3<sup>99</sup>
- + Fries and Salad 5<sup>99</sup>

### THAI PRAWN SPINACH SALAD

Sautéed prawns tossed with nuts, hard boiled egg, red peppers and a creamy sesame dressing, served over a bed of chow mein noodles and fresh spinach leaves, served with garlic bread. 19<sup>99</sup>

### FIESTA TACO SALAD

Crisp greens, cheddar cheese, tomatoes and jalapeños, dressed with ancho chipotle sauce in a taco bowl with sour cream and pico de gallo. 16<sup>49</sup>

+ Taco Beef 4<sup>99</sup> + Cajun Chicken 4<sup>99</sup> + Pulled Pork 4<sup>99</sup>

### CHEF SALAD

Slow-roasted turkey, shaved ham, cheddar cheese over a bed of fresh greens with cucumbers, tomatoes, red onions, a hard-boiled egg and your choice of dressing, served with garlic bread. 20<sup>99</sup>

### CRANBERRY TURKEY FOCACCIA

Turkey breast, lettuce, tomatoes, mayo, cranberry sauce on a toasted basil focaccia bun. 19<sup>99</sup>

### CALIFORNIA WRAP

Turkey breast, bacon, guacamole, leaf lettuce, tomatoes and ranch on a flour tortilla wrap. 18<sup>99</sup>

### FRENCH BEEF DIP

Slow roasted and tender, thinly sliced beef on a toasted french garlic baguette with au jus for dipping. 21<sup>99</sup>

### MEDITERRANEAN CHICKEN WRAP

Chicken souvlaki, feta cheese, onions, peppers, olives, tomatoes, cucumber and greek tzatziki sauce wrapped in warm flatbread. 19<sup>99</sup>

### BETTER CHEDDAR TURKEY CLUB

Real roasted turkey, bacon, lettuce, tomatoes and cheddar on this triple decker classic. 19<sup>99</sup>

SUB Gluten Free Bread 1<sup>99</sup>

## BURGERS

*Lettuce, onion, tomato, pickles, mayo and mustard on a sesame seed bun served with fries.*

### 1/3 LB DELUXE BURGER

Canadian beef patty. 16<sup>99</sup> + cheese 2<sup>49</sup>

### ALL CANADIAN BACON CHEESEBURGER

Thick cut bacon and real cheddar cheese. 20<sup>99</sup>

### SWISS MOUNTAIN MUSHROOM

Sautéed mushrooms and melted swiss. 20<sup>99</sup>

### HULK BURGER

1/3 lb patty, bavarian sausage, cheddar cheese and a fried egg. 22<sup>99</sup>

### GOURMET GARDEN VEGGIE BURGER

Fire-grilled garden patty, goat cheese, roasted red peppers, lettuce, onions, tomato slices, mayo and sun-dried tomato pesto. 20<sup>99</sup>

### CAJUN CHICKEN BURGER

Cajun-spiced chicken breast, cheddar cheese, on a toasted bun with chipotle mayo. 19<sup>99</sup>

### CHICKEN RANCHER BURGER

A crispy chicken breast, topped with sharp cheddar, smoky bacon and cool ranch dressing. 20<sup>99</sup>

### FRANKS BUFFALO CHICKEN BURGER

Crispy fried chicken breast, melted jalapeño jack cheese, jalapeños, Frank's Red Hot and ancho chipotle sauce. 20<sup>99</sup>

### DIABLO CHICKEN BURGER

Golden fried chicken breast topped with jalapeno jack cheese, bacon, guacamole and diablo sauce on a focaccia bun with roasted garlic aioli. 21<sup>99</sup>

#### UPGRADE YOUR FRIES

Sweet Potato Fries, Onion Rings,

Poutine 3<sup>49</sup>

#### ADD

Cup Soup or Caesar Salad 3<sup>49</sup>

## GOURMET PASTAS

*Served with a Caesar Salad and Garlic Bread.*

### BAKED LASAGNA

Our most popular offering! Made with homemade seasoned beef sauce and baked to perfection.

Lunch Size 20<sup>99</sup> Dinner Size 23<sup>99</sup>

### GOURMET MAC & CHEESE

In our zesty cheese sauce, topped with aged cheddar and herb garlic crumble.

Lunch Size 18<sup>99</sup> Dinner Size 20<sup>99</sup>

+ Crumbled Bacon 3<sup>99</sup>

+ Chorizo Sausage 4<sup>99</sup>

+ Seasoned Ground Beef 4<sup>49</sup>

### PULLED PORK MAC & CHEESE

Slow-roasted pulled pork, caramelized onions and topped with melted cheese. 21<sup>99</sup>

## SEAFOOD

### CALAMARI DINNER

Tender calamari, lightly battered and seasoned, served with rice, pita bread, tzatziki and sweet chili sauce with your choice of Greek or Caesar salad. 23<sup>99</sup>

### TERIYAKI GLAZED SALMON & PRAWNS

A charbroiled 4 oz salmon fillet and prawns, lightly glazed with teriyaki sauce, served on top of rice and vegetables with garlic bread. 24<sup>99</sup>

### CAJUN LIME CHICKEN PENNE

Cajun spiced dry rubbed chicken breast, garlic cream sauce, roasted red peppers, mushrooms, topped with pico de gallo. 24<sup>99</sup>

### ALFREDO MUSHROOM CHICKEN PENNE

Housemade alfredo sauce made with real cream, parmesan cheese, and garlic over penne noodles topped with a grilled chicken breast and angel hair parmesan. 24<sup>99</sup>

### SPAGHETTI BOLOGNESE

Spaghetti noodles, topped with our homemade seasoned beef sauce and parmesan cheese.

Lunch Size 19<sup>99</sup> Dinner Size 22<sup>99</sup>

**SUB** Gluten Free Penne 2<sup>99</sup>

### OCEANIC PLATTER

6 coconut prawns, tender calamari lightly battered and seasoned, and a beer-battered cod served with rice, coleslaw, tzatziki, tartar and sweet chili dip. 27<sup>99</sup>

### ENGLISH BEER BATTERED FISH & CHIPS

2 pieces of perfectly golden fried cod served with fries, coleslaw and dill tartar sauce. 22<sup>99</sup>  
Extra cod 6<sup>99</sup>

## FAMOUS ENTREES

### SALISBURY STEAK

½ lb beef patty topped with onions, gravy and served with mashed potatoes, seasonal vegetables and garlic bread. 21<sup>99</sup>

### LIVER BACON & ONIONS

A healthy portion of tender beef liver topped with sautéed onions, bacon and gravy served with mashed potatoes, seasonal vegetables and garlic bread.  
Lunch Size 19<sup>99</sup> Dinner Size 22<sup>99</sup>

### SOUVLAKI

2 marinated skewers of chicken or prawns flame grilled, served with rice, pita bread, tzatziki and your choice of Greek or Caesar salad. 22<sup>99</sup>

### JAMBALAYA RICE BOWL

Garlic prawns, chorizo sausage, tender chicken, mushrooms, onions and peppers tossed in a homemade basil tomato sauce served with your choice of rice and a side of garlic bread. 22<sup>99</sup>

### YANKEE POT ROAST

Slow-roasted tender beef topped with gravy, served with mashed potatoes, seasonal vegetables and garlic bread. Lunch Size 19<sup>49</sup> Dinner Size 22<sup>99</sup>

### SWEET & SOUR CHICKEN

Crispy chicken, bell peppers, pineapple chunks, and onions cooked in a homemade sweet and sour sauce, served with both rice and chow mein and a slice of garlic bread. 21<sup>99</sup>

### ROASTED TURKEY DINNER

Real carved roasted turkey, homemade stuffing and Yukon gold mashed potatoes topped with gravy, served with seasonal vegetables, cranberry sauce and garlic bread.

Lunch Size 20<sup>99</sup> Dinner Size 23<sup>99</sup>

### BUTTER CHICKEN

Inderjit's homemade butter chicken served with basmati rice and naan bread. 22<sup>99</sup>

### CHICKEN PARMESAN

Tender breaded chicken filet, vegetable pomodoro sauce, tomato slices and melted cheese with spaghetti and seasoned beef meat sauce, served with garlic bread. 25<sup>99</sup>

### CABBAGE ROLLS

Homestyle cabbage rolls stuffed with beef, pork, onion, garlic, rice, served with Yukon gold mashed potatoes and seasonal vegetables. 22<sup>99</sup>

### CHICKEN BURRITO BOWL

Spiced chicken breast on a bed of brown rice topped with tortilla chips, pico de gallo, cheddar cheese, guacamole and sour cream. 21<sup>99</sup>

### VEGAN BUDDHA BOWL

Tofu, edamame, kale, carrot, butternut squash, beets, braised red cabbage on brown rice dressed with cilantro coconut lime crème fraiche and micro greens. 22<sup>99</sup>

## RIB & STEAK ENTREES *Served with Garlic Bread.*

### BABYBACK PORK RIBS

Falling-off-the-bone tender ribs basted in our signature BBQ sauce, served with fries and coleslaw.

Half Rack 25<sup>99</sup> Full Rack 32<sup>99</sup>

### CAJUN CHICKEN AND RIBS COMBO

½ rack of pork baby back ribs and cajun chicken breast, served with fries and coleslaw. 29<sup>99</sup>

### PORK BABY BACK RIBS & LASAGNA COMBO

Our famous ribs and a baked beef lasagna.  
Half Rack 28<sup>99</sup> Full Rack 35<sup>99</sup>

### 6OZ AAA TOP SIRLOIN

Char-grilled 6oz AAA top sirloin, served with fries and seasonal vegetables. 26<sup>99</sup>

### 8OZ AAA NEW YORK

Char-grilled 8oz AAA New York center cut striploin with fries and seasonal vegetables. 31<sup>99</sup>

### STEAK & CHEESY MACARONI

Choice of char-grilled steak and a side of our homemade baked macaroni and cheese.

6oz Sirloin 29<sup>99</sup> 8oz New York Striploin 33<sup>99</sup>

#### ADD

Cup Soup or Caesar Salad 3<sup>99</sup>

#### STEAK ACCOMPANIMENTS

Sautéed Mushrooms 2<sup>99</sup>

Garlic Prawns (4) 4<sup>99</sup>

Coconut Prawns (4) 5<sup>99</sup>

**THE BENNY'S** *All bennys are served with 2 poached eggs, topped with velvety smooth hollandaise on toasted english muffins, served with hashbrowns.*

**CLASSIC EGGS BENNY**  
Topped with shaved ham. 17<sup>99</sup>

**FULLY LOADED BENNY**  
Melted cheddar cheese, smoky bacon and sautéed mushrooms. 18<sup>99</sup>

**CHORIZO BENNY**  
Spicy chorizo sausage topped with sun-dried tomato pesto. 19<sup>49</sup>

**SMOKED SALMON BENNY**  
thinly sliced West Coast smoked salmon. 19<sup>49</sup>

**BLACKSTONE BENNY**  
Smoky bacon and fresh tomato slices. 18<sup>49</sup>

**PULLED PORK BENNY**  
Slow cooked BBQ pulled pork, chipotle sauce and a side of homemade pico de gallo. 19<sup>99</sup>

**OMELETTES** *All omelettes are made with 3 eggs, served with choice of hashbrowns and toast.*

**VEGETARIAN CHEESE OMELETTE**  
Sautéed mushrooms, diced tomatoes, onions and melted swiss cheese. 18<sup>99</sup>

**WESTERN OMELETTE**  
Smoky bacon, melted cheddar cheese, grilled onions and peppers. 19<sup>99</sup>

**ULTIMATE OMELETTE**  
Bacon, diced sausages, ham, melted cheddar cheese, sautéed onions, peppers and mushrooms. 20<sup>99</sup>

**TEX MEX OMELETTE**  
Taco beef, sautéed onions, peppers and melted cheddar with ancho chipotle sauce with a side of pico de gallo and sour cream. 19<sup>99</sup>

**MUSHROOM SWISS OMELETTE**  
Sautéed mushrooms and melted Swiss cheese. 18<sup>49</sup>

**GREEK OMELETTE**  
Fresh spinach, diced tomatoes and crumbled feta cheese. 18<sup>99</sup>

**ALL DAY BREAKFAST** *Sub turkey bacon 1<sup>99</sup>*

**PANCAKES, EGGS & BACON OR SAUSAGE**  
3 fluffy buttermilk pancakes, 3 bacon or sausages and two eggs any style. 17<sup>99</sup>

**AM BREAKFAST SANDWICH**  
Ham or bacon, eggs and cheese on an english muffin, bagel or croissant with hashbrowns. 17<sup>99</sup>

**STRAWBERRY CAKE BREAKFAST**  
2 eggs, 3 bacon or sausages, hashbrowns and 2 buttermilk pancakes topped with strawberries, whipped cream and homemade strawberry sauce. 19<sup>99</sup>

**EUROPEAN BREAKFAST**  
Grilled Bavarian sausage, cheddar perogies with sour cream, 2 eggs cooked any style and marble rye toast. 19<sup>99</sup>

**STRAWBERRY BANANA FRENCH TOAST**  
3 French toast topped with fresh strawberries and bananas with homemade strawberry sauce and whipped cream. 18<sup>99</sup>

**CHORIZO BREAKFAST BURRITO**  
Scrambled eggs, jalapeño jack cheese, bell peppers, onions and ancho chipotle sauce, wrapped in a warm tortilla, served with hashbrowns. 19<sup>99</sup>

**FRENCH BREAKFAST**  
2 thick-cut french toast served with 2 eggs cooked any style, a choice of 3 bacon or sausage and hashbrowns. 20<sup>99</sup>

**MEXICAN PULLED PORK HASH**  
2 eggs, BBQ pulled pork, jack cheese, sautéed onions and peppers over hashbrowns topped with pico de gallo salsa, served with toast. 20<sup>99</sup>

**SUNSHINE FRUIT 'N' YOGURT BOWL**  
An energizing mix of Greek yogurt, honey granola, fresh fruit and berries, served with toast. 17<sup>99</sup>

**TRUCKERS BREAKFAST**  
2 eggs, 3 bacon strips, 3 sausages and Bavarian sausage with 2 buttermilk pancakes and hashbrowns. 22<sup>99</sup>

**CINNAMON BUN BREAKFAST**  
Homemade cream cheese cinnamon bun, 2 eggs, hashbrowns and choice of 3 bacon or sausages. 19<sup>99</sup>

**BACON OR SAUSAGE & EGGS**  
2 eggs, choice of 3 bacon strips or 3 sausages with hashbrowns and toast. 17<sup>99</sup>

**STEAK & EGGS**  
A char-grilled AAA steak with 2 eggs, hashbrowns, choice of toast and hashbrowns.  
6oz Sirloin 26<sup>99</sup> 8oz New York 30<sup>99</sup>

**ADD ONS**  
Egg 2<sup>49</sup>  
2PC Bacon or Sausage 2<sup>99</sup>  
2PC Toast 3<sup>99</sup>  
Hashbrowns 3<sup>99</sup>